

## Manitou Springs High School General Eligibility Policies for Extracurricular Activities

**Dear Parents and Students: Please read the following pages carefully. Both parents and students must sign page three on the appropriate lines. Tear off page three and return to the athletic office at the high school prior to the first team practice. NO PARTICIPATION is allowed until all forms and physicals are completed and on file with the ATHLETIC DIRECTOR.**

### ELIGIBILITY RULES

Policy Code JJJ (X.-33.)

Manitou Springs High School wants all students to have an opportunity to participate in the best possible activity program in which athletic and other competition is fair and equitable. The high school is a member of the Colorado High School Activities Association. As a member of the CHSAA, the school has joined with all other public accredited high schools in Colorado in making and agreeing to abide by the following eligibility rules. Individual students and the school are both responsible for making sure that the school does not suffer embarrassment and loss of prestige because it has to forfeit a game or other contest or perhaps lose a championship because a student participated when not eligible. All students wishing to participate must therefore comply with the requirements of the Colorado High School Activities Association.

All students wishing to participate in any extracurricular activity:

I. Must meet the conduct and attendance requirements of Manitou Springs High School:

- A. A participant must be considered a good citizen of his or her high school by the principal, assistant principal and athletic director.
- B. A participant must not be a member of any organization prohibited by law.
- C. Violation of the high school Behavior Guidelines may result in suspension or expulsion from extracurricular activities for either two terms or one school year.
- D. A participant must conduct himself or herself in a manner which is not detrimental to the school or fellow participants.
- E. Any use of drugs or alcohol during the school day, at school sponsored activities, or arriving at school or activities under the influence of drugs or alcohol may result in expulsion from all extracurricular activities for the remainder of one term plus one more term.
- F. A participant must be in regular attendance:
  - 1. A participant must be in attendance at least two blocks during the regular day in order to attend practice during the same day except in extenuating circumstances; this includes attendance at any school sanctioned educational program.
  - 2. A participant must be in attendance at least two blocks the day of an extra-curricular activity in order to participate in that activity.
- G. A participant may be eligible for financial assistance if necessary.

II. Must be academically eligible.

- A. **ACADEMIC WARNINGS:** Two weeks after the start of each term and two weeks after the start of mid-term, grade checks will be conducted and students receiving an F in any class will receive a progress report which will be mailed home. The progress report is a formal warning to the student that progress is not satisfactory and the student should take the appropriate action to restore a passing grade.
- B. **ACADEMIC PROBATION:** Students failing a class at mid-term or at the end of a term will be placed on academic probation in the class and are required to develop a remediation contract with the teacher. Students will remain on probation a minimum of 4.5 weeks. Students who fail to meet the terms of their remediation contract on a day of competition will be ineligible to participate in extracurricular activities on that day.
- C. **ACADEMIC INELIGIBILITY:** Students must pass a minimum of three classes each term to be eligible to participate in extracurricular activities. Students who do not pass three classes will be ineligible for the next 9 week term.

#### **DEFINITIONS:**

TERM = NINE WEEKS

MID-TERM = 4.5 WEEKS

Report cards are issued at **mid-term** and at the **end of each term**.

Credits are given for each course completed with a passing grade for a term.

On the block schedule a student may earn a maximum of 4 credits each of the four terms of the year or a total of 16 credits per year or 64 credits in four years.

52 term credits, including the appropriate required courses, are needed for graduation.

#### **EXTRACURRICULAR ACTIVITIES PHILOSOPHY**

Students in today's schools are tomorrow's community citizens; as adults, they will demonstrate many of the attitudes they learn today.

The extracurricular activities programs should complement and contribute to the total educational experience of Manitou Springs High School. Students must strive for excellence in academics as well as in extracurricular endeavors. Because of this belief, a coach/director/sponsor should neither seek nor expect academic privileges for participants.

Programs will promote the mental, moral, social, emotional and aesthetic well-being of individual participants. The sponsoring adult will emphasize the proper ideals of ethical conduct and fairness. Students should be encouraged not to specialize, but to participate in a variety of activities.

As role models, advisors shall teach students to apply the principles to which they are exposed when participating in extracurricular activities. These principles include: honesty, cooperation, physical fitness, proper nutrition, leadership, attitude, character, pride, discipline and responsibility. Adults will aspire to develop each student's potential and instill confidence. Students will be taught that they are responsible for their own actions and that they determine their own destiny.

Students, parents, coaches/directors/sponsors and administrators are "ambassadors of goodwill" representing Manitou Springs High School and the community at large. They should demonstrate self-control at all times, accepting adverse decisions without excessive public displays of emotion

and/or dissatisfaction. The challenge is to promote healthy competition, sportsmanship, camaraderie and citizenship.

## INTERSCHOLASTIC ATHLETIC PROGRAM PARTICIPATION RULES

Every effort will be made to enable athletes to compete at a level which is safe and within the athlete's skill level.

- **At the sub varsity level**, efforts will be made to allow athletes to participate and develop their skills. Participation during contests will be emphasized.
- **At the varsity level**, winning will be the primary consideration. However, although important, winning will not be pursued at the expense of academics, ethics, sportsmanship, or the health and well-being of the student athlete.

All participants must comply with the following rules and regulations established by the coaches, with the approval of the administration and the board of education to govern athletics at Manitou Springs High School. All rules will be in effect from the first designated practice day of fall sports and will conclude on the final day of spring competition.

1. When traveling, team members and managers must dress neatly and are expected to conduct themselves properly.
2. When traveling to an away athletic contest, participants must go both ways under the supervision of school officials unless written permission from the parent or legal guardian is granted. Verbal permission is not acceptable. Parents are strongly encouraged to obtain permission in advance of the activity. After game requests will be honored as long as permission is in writing. A participant with written parental permission may also leave with a parent other than his or her own.
3. Attend all practices regularly and on time. Those who miss scheduled practice sessions without valid cause will be dropped or suspended from the team.
4. Athletes that desire to play more than one sport in a season will have the opportunity to be considered by the coaches and athletic director, for both sports, on a case by case basis.
5. Any player involved in unsportsmanlike conduct, fighting, name calling, profanity, etc. before or during or after an activity may be dropped from that team with loss of all awards and recognition. Further participation in other sports will be up to the building administration.
6. Truancies will result in suspension from participation in the next athletic event. A second offense will result in expulsion from the team.
7. Managers are a part of the team and will follow the same athletic policy and training rules.
8. All participants are encouraged to carry some type of insurance. A waiver must be signed if a participant does not want to be covered by the insurance available through the school.

Students in doubt about their eligibility should talk to the high school principal or athletic director. Students should be sure to communicate with a high school administrator before participating in any game, tournament or similar athletic activity not sponsored by Manitou Springs High School. It is the individual's responsibility to protect his or her eligibility and amateur status.

## ACTIVITIES / ATHLETICS TRAINING RULES                      **\*\* (revised 6/13/2007)**

Specific training rules are established by each sponsor and coach in accordance with the individual requirements for the particular activity or sport. Students involved in activities and athletics are expected to be aware of and to obey all training rules. Additionally, the following rules apply **to all extracurricular activities** offered at Manitou Springs High School.

1. Use of illegal drugs will not be tolerated. The use of tobacco (including chewing tobacco), alcoholic beverages or prescription drugs, unless prescribed by a physician for the student athlete, **will not be** tolerated. If you are attending a gathering where alcohol, drugs, tobacco, etc, are being consumed in your presence you must leave the gathering immediately. If such activities are witnessed by district staff, students or adult members of the community at any time, and it is confirmed by the building administration, or if the student is convicted of a drug or alcohol related offense, the following disciplinary measures will be taken:
  - a. 1st Offense: Suspension from the next 20% of scheduled competitions or events. If the suspension is not completed during the current season, then it will carry over into the next season.
  - b. 2nd Offense: Suspension from all scheduled competitions or events for one calendar year from the time of the offense.

You may re-gain eligibility with the successful completion of a **restorative justice program**. School administration will determine when that has been successfully accomplished.

- c. 3rd Offense: Suspension from all scheduled competitions or events for the remainder of your high school career at Manitou Springs High School.

The severity of the circumstances may result in expulsion for the season, upon review by the building administration.

2. We do not differentiate between in season or out of season. As a participant of an extracurricular activity, we expect commitment throughout the year.