## Manitou Springs School District Staff Newsletter

## Fall 2019 ~

Tidbits and Helpful Information for our Staff!



## Wellness for you!

MSSD 14 wants the very best for its Staff! We have Wellness Teams in each building, weekly Partners for Healthy Choices fruit baskets, and more weekly PHC Wellness

Offerings coming soon!

District PHC Team

Laurie Wood, Jane Squires, Angela Gieck

MSES Wellness Team Jessie Larsen, Jeanna Farrell

**UPES Wellness Team**Miles Groth, Louisa Dick

MSMS Wellness Team Barak Ben-Amots, Cory Urban

MSHS Wellness Team Erin Gocinski, Gabrielle Waters



State Student Council Conference Oct 18, 2019



Flu Shot Clinic ~ MSES Oct 18

Staff Work
Day



Staff Work Day for all Staff at MSES

No Students: 10-18

IMPORTANT DATES!

# 1

#### MANITOU POOL

All staff are welcome at Manitou Pool free of charge with your staff ID...thanks PHC!



#### CARE24

Members of United Health Care have access to free counseling services



### CONNECT14

All staff are welcome to attend classes at no charge!

### **Technology Department News!**

The Tech Department has several iMacs for sale.

The iMacs are around 10 years old, on El
Capitan Operating Systems, have 4 GB memory
and a 2.26 GHz Intel Core 2 Duo processor.

The iMacs are \$100 each and are sold without a
keyboard or mouse. Contact Cat Olimb if you
are interested! colimb@mssd14.org





#### Life Insurance

Reminder...complete your Life Insurance beneficiary form for Lincoln Financial and send it to the Business Office



#### **PERA Retirement**

PERA Questions?

If you have questions around your PERA retirement account, make sure to log on at

#### copera.org

You can also call PERA for answers to specific questions regarding retirement, additional life insurance, 401K and 457 retirement accounts: 1-800-759-7372

Making the most of the Employee Service Portal

You can make changes to your demographic information and add emergency contact information right in the ESP!

Please visit the Employee Service Portal to ensure we have your latest information and you stay up-to-date!

<u>employee service portal</u>

Questions? Please reach out to Marsha, Kendal or Suzi (See the screen cast attached to this email)

