

**COLORADO INTERNET CRIMES AGAINST CHILDREN
VIGILANT PARENT INITIATIVE
TAKE-HOME FOR PARENTS**

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WELCOME

OBJECTIVE OF THE PARENT VIGILANT INITIATIVE

With how rapidly technology is becoming more integrated in our society, you need to be safe and keep your children safe from online predators.

Parents, educators and the community have the ability to teach children how to protect themselves from online dangers and to be an active participant in their online activities. The COICAC Vigilant Parent Initiative is geared towards educating the community, especially parents, on basic social media and technology how-tos, prevention, awareness, and knowing how to talk to their child about protecting themselves online. Technology and the Internet are not inherently bad and are necessities in keeping up to date in this generation, so long as they do so safely. Teaching kids how to password protect and maintain privacy online are part of parenting nowadays. The Vigilant Parent Initiative provides online safety training and the signs to recognize when a child may potentially be in danger on-line. We explore popular apps like Instagram and Snapchat via hands-on interactive learning as well as the vocabulary that may be referenced by your child. We encourage parents to start the conversation with their children early and to keep up with the latest trends.

ABOUT COICAC

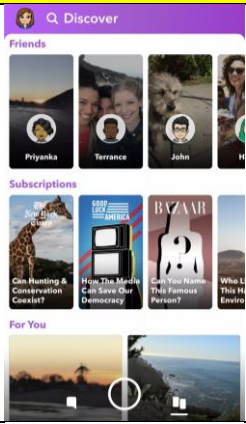


The Colorado Internet Crimes Against Children Task Force Program (COICAC) helps state and local law enforcement agencies develop an effective response to technology-facilitated child sexual exploitation and Internet crimes against children. This support encompasses forensic and investigative components, training and technical assistance, victim services, prevention and community education.

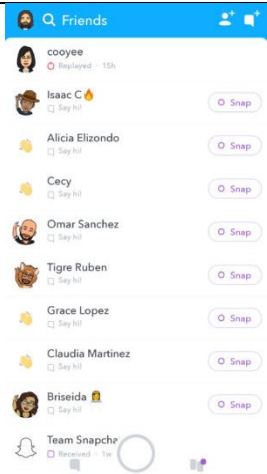
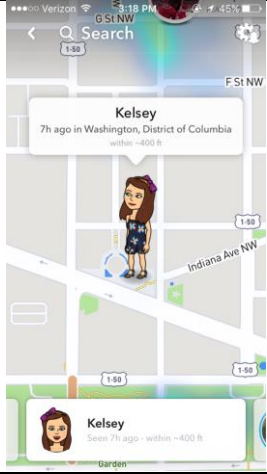

The Colorado Internet Crimes Against Children Task Force is part of a national network of 61 coordinated task forces representing over 3,500 federal, state, and local law enforcement and prosecutorial agencies. COICAC is continuously engaged in proactive and reactive investigations and prosecutions of persons involved in child abuse and exploitation involving the internet. COICAC Task force will serve as an investigative resource for communities and agencies throughout Colorado.


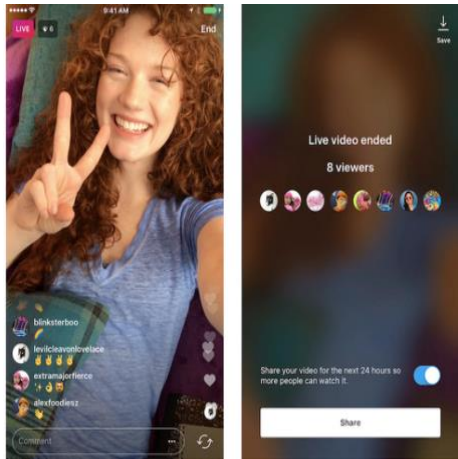
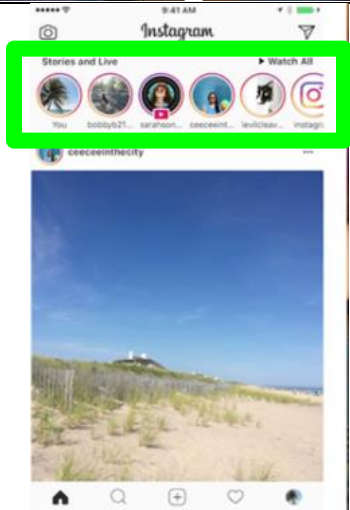
COICAC currently included over 95 agencies throughout the state of Colorado. The full list of task force affiliate agencies is listed on www.coloradoicac.com.



HANDOUTS



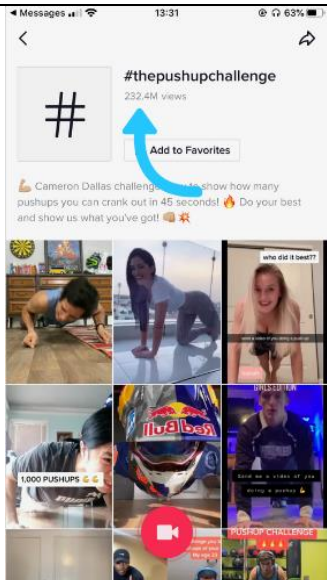
TERMINOLOGY

SNAPCHAT		
Discover	<p>Where you can watch friends' Stories, Publisher Stories, Shows, Stories, read Public News, Entertainment</p> <p>Donde puede ver historias de amigos, historias de editores, espectáculos, historias, leer noticias públicas, entretenimiento</p>	
Memories	<p>Saved photos and videos</p> <p>Fotos y videos guardados</p>	
Snap	<p>Messages referred to as snaps; snaps can consist of a photo or a short video, and can be edited to include filters and effects, text captions, and drawings</p> <p>Mensajes conocidos como snaps; las instantáneas pueden consistir en una foto o un video corto, y pueden editarse para incluir filtros y efectos, subtítulos de texto y dibujos</p>	
Ghost Mode 	<p>Location won't be visible to anyone else. Ghost Mode can be turned on and off, or be set on a timer if you only want to temporarily be in Ghost Mode.</p> <p>La posición no será visible para nadie más. El modo fantasma puede activarse y desactivarse, o configurarse en un temporizador si solo desea estar temporalmente en el modo fantasma.</p>	
Select Friends	<p>Chooses specific friends to share location with</p> <p>Elige amigos específicos para compartir ubicación con</p>	


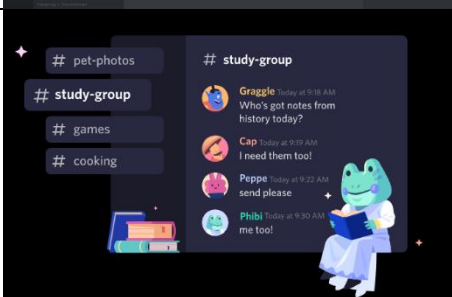
My Friends	<p>Location will be shared with all friends — including friends added in the future. This option doesn't include people who've been added as a friend, but who haven't added back</p> <p>La posición se compartirá con todos los amigos, incluidos los amigos agregados en el futuro. Esta opción no incluye a las personas que se han agregado como amigos, pero que no se han agregado nuevamente</p>	
Snap Map	<p>Lets you view Snaps by location and view Stories from around the world. Snap's new location feature even lets you share where you are with friends and follow their location as well</p> <p>Le permite ver Snaps por ubicación y ver Historias de todo el mundo. La nueva función de ubicación de Snap incluso te permite compartir dónde estás con amigos y también seguir su ubicación</p>	
My Eyes Only	<p>For Snaps that you want to keep extra private</p> <p>Para Snaps que quieras mantener extra privada</p>	
INSTAGRAM		
IG	Acronym for Instagram	

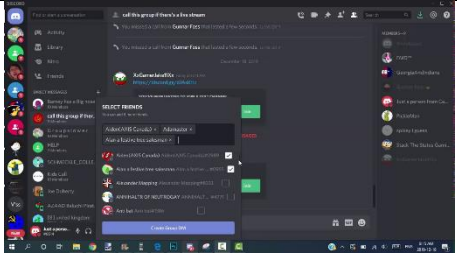
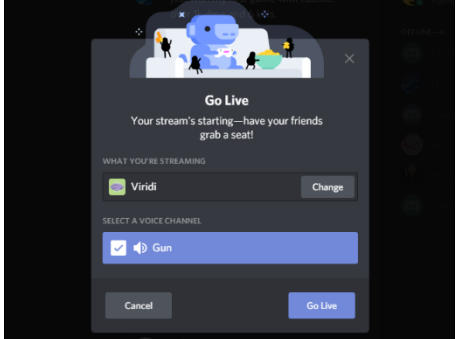
	Acrónimo de Instagram	
Bio	<p>Biography in your profile. The bio will be the first thing that followers will see. It's also what your followers will see every time they visit your profile.</p> <p>Biografía en tu perfil. La biografía será lo primero que verán los seguidores. También es lo que verán tus seguidores cada vez que visiten tu perfil.</p>	
Geotag	<p>Tags your photo with your current location. This data is collected by the GPS device in your phone or tablet and is accessible to Instagram if you grant it permission</p> <p>Etiqueta su foto con su ubicación actual. El dispositivo GPS recopila esta información en su teléfono o tableta y Instagram puede acceder a ella si le otorga permiso</p>	
IG Live	<p>Instagram Live is a feature of Instagram stories where you can broadcast to your followers. Like stories, your live only is posted on Instagram stories for 24 hrs but recently Instagram made an update that allows you to download your lives so that you can post or repurpose them for other social media or blog posts.</p> <p>Instagram Live es una característica de las historias de Instagram donde puedes transmitir a tus seguidores. Al igual que las historias, su vida solo se publica en las historias de Instagram durante 24 horas, pero recientemente Instagram realizó una actualización que le permite descargar sus vidas para que pueda publicarlas o reutilizarlas para otras publicaciones en redes sociales o blogs.</p>	
IG Stories	<p>IG Stories is another way you can share photos and videos with your followers. Stories disappear from your profile and Feed after 24 hours unless you add it as a highlight or enable archiving.</p> <p>IG Stories es otra forma de compartir fotos y videos con tus seguidores. Las historias desaparecen de su perfil y Feed después de 24 horas a menos que lo agregue como resaltado o archivado.</p>	

<p>Tag</p>	<p>To add a @ symbol in front of another Instagram users username. Should look like this @AprilMarieTucker.</p> <p>Para agregar un símbolo @ delante de otro nombre de usuario de usuarios de Instagram. Debería verse así @AprilMarieTucker.</p>	
<p>“Finsta”</p>	<p>“Fake Instagram” a secondary, usually private, Instagram account where users are more lax in deciding what they post. It's a private space that might be more personally authentic and is shared with close friends. This is a contrast to someone's main account, which might have more heavily curated content. This is used for posting photos you don't want to post on your real Instagram.</p> <p>"Fake Instagram", una cuenta de Instagram secundaria, generalmente privada, donde los usuarios son más laxos al decidir lo que publican. Es un espacio privado que podría ser más auténtico personalmente y se comparte con amigos cercanos. Esto es un contraste con la cuenta principal de alguien, que podría tener contenido más curado. Esto se usa para publicar fotos que no desea publicar en su Instagram real.</p>	
<p>“Rinsta”</p>	<p>“Real Instagram” Known as the official Instagram of the user. It refers to a person's public Instagram, as opposed to their more private “fake” Instagram, called a finsta. Usually the parent friendly account showcasing the parts of your life that you want people to see: typically more curated, edited, and polished photos and videos.</p> <p>"Real Instagram" Conocido como el Instagram oficial del usuario. Se refiere al Instagram público de una persona, a diferencia de su Instagram "falso" más privado, llamado finsta. Por lo general, la cuenta amigable para los padres que muestra las partes de su vida que desea que la gente vea: generalmente fotos y videos más curados, editados y pulidos.</p>	
<p>TikTok</p>		
<p>Duet</p>	<p>This is a video that’s played right beside another so that they can be watched simultaneously. Duets are usually created as response videos (example: “duet me if you think I’m cute), reactions (literally reacting with commentary or facial expressions to a certain video), or simply to interact with that person’s original video in some other way.</p>	

Stitch/ Stitching	Stich allows a user to add other videos to his/her own video. According to TikTok: Stitch is a way to reinterpret and add to another user's content, building on their stories, tutorials, recipes, math lessons, and more. With Stitch, instead of the split-screen format, the videos are integrated into each other. Both the original and new videos are cut and edited together into one video.	
Transition “makeover” /Outfit Change	A transition is when someone makes a smooth outfit change, makeover, scene cut, etc. In one popular use of transition , the user starts out with one look, then briefly covers the camera and reappears with a “glow up.” An example of another popular transition where a person throws a shoe in the air, swipes their leg to the left of the screen, and reappears with an outfit change. Some other examples of transitions are covering up saying the wrong word, juxtapose two different scenes like a before and after, or switch between different characters speaking.	
Challenge	Often accompanied with a song that is associated with a prompt. Sometimes it's a simple question and answer format stitched together or sometimes it's a dance.	

DISCORD

Server	The spaces on Discord made by specific communities and/or friend groups. The majority of servers are small and invitation-only. Some larger servers are public. Any user can start a new server for free and invite their friends to it.	
Channel	Discord servers are organized into text and voice channels which are usually dedicated to specific topics and can have different rules. In text channels, users can post messages, upload files, and share images for others to see at any time. In voice channels, users can connect through a voice or video call in real time, and can share their screen with their friends – this is called Go Live.	

DMs and GDMs	Users can send private messages to other users as a direct message (DM), as well as start a voice or video call. Most DMs are one-on-one conversations, but users have the option to invite up to nine others to the conversation to create a private group DM, with a maximum size of ten people. Group DMs are not public and require an invite from someone in the group to join.	
Go Live	Users can share their screen with other people who are in a server or a DM with them	

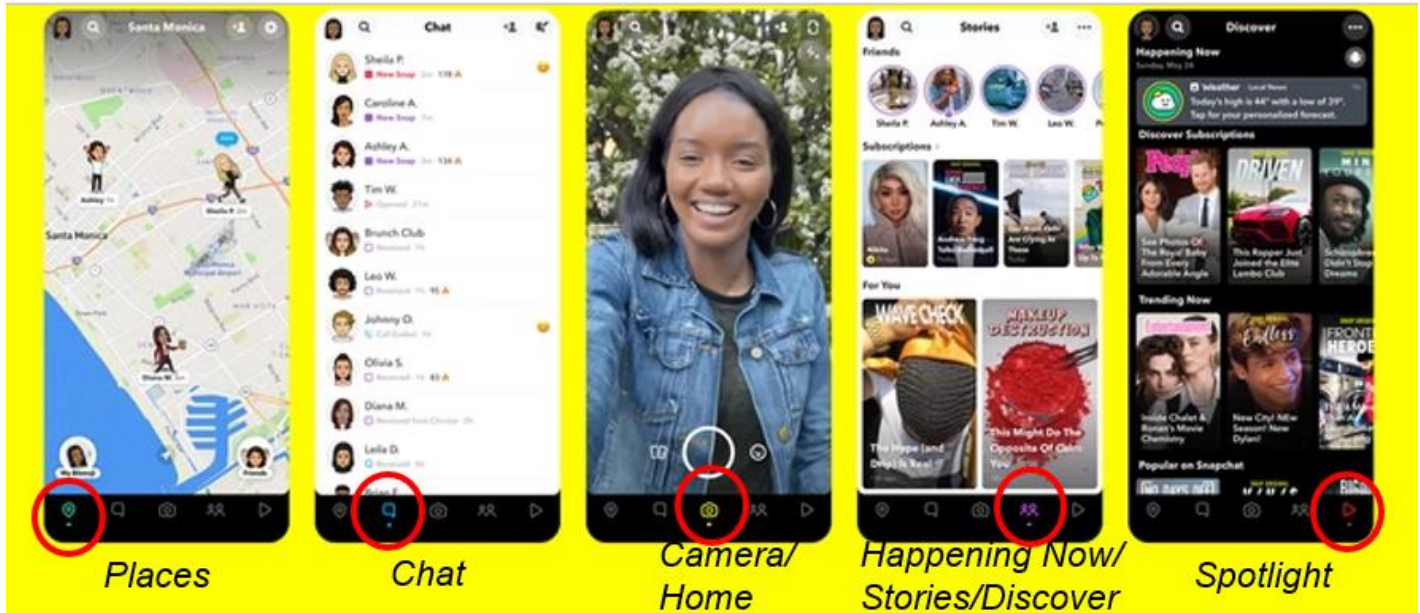
TUTORIALS

SNAPCHAT



Let's Navigate

1. Navigate to the home screen and notice the bottom icons
Places, Chat, Camera/Home, Happening Now/Stories/Discover or Spotlight



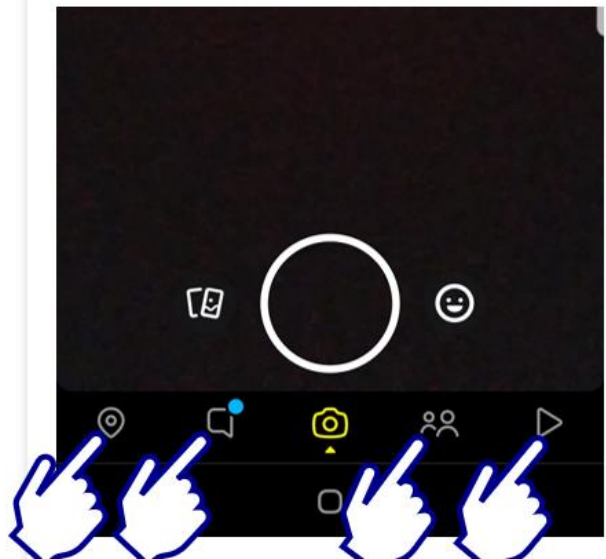
Navigation Tools

Places

Chat

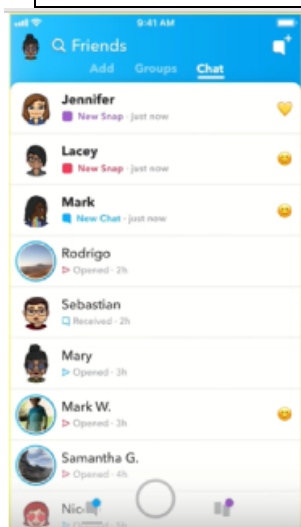
Happening Now/Stories/Discover

Spotlight



3 ESSENCIALS: FRIENDS, DISCOVER, MEMORIES

1. Navigate to the home screen
Select appropriate tabs for Friends, Discover or Memories



Friends Screen

Chat
Phone and Video
Call

Discover

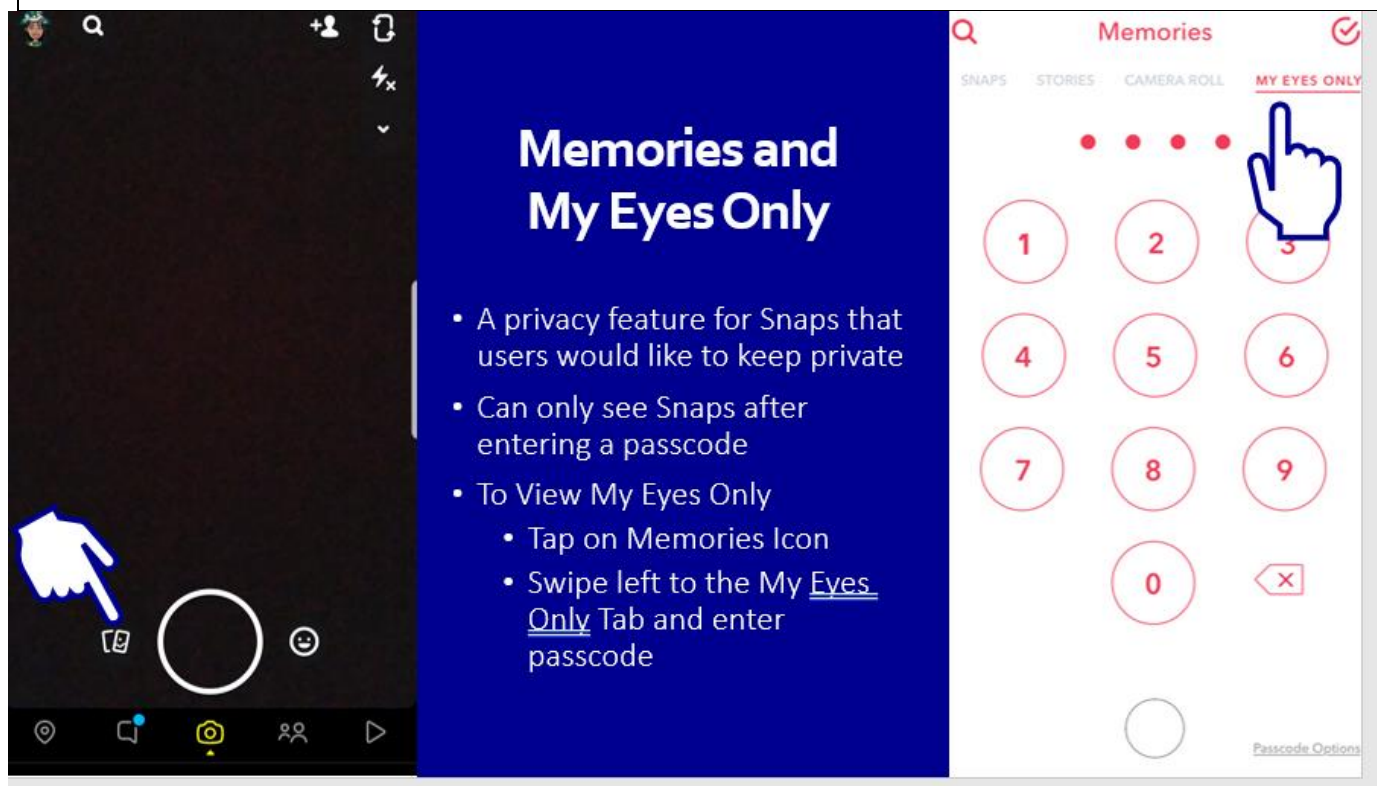
Public News
Entertainment
Update from
friends

Memories

Saved photos and
videos
Including:
"My Eyes Only"

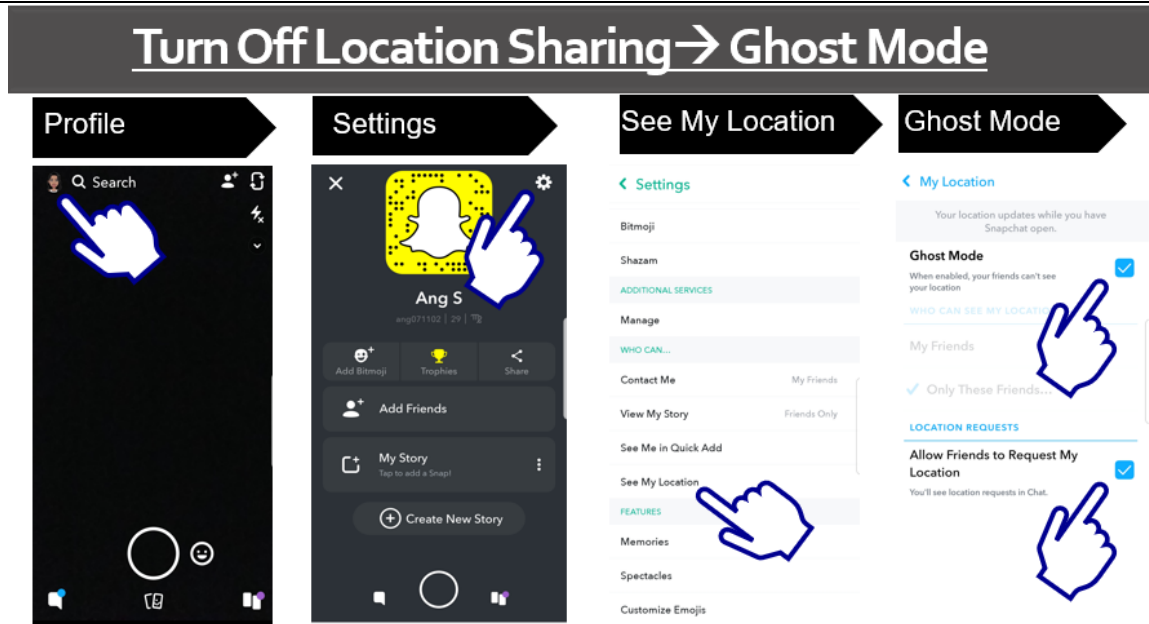
Memories and My Eyes Only

1. Tap on Memories Icon
Swipe left to the My Eyes Only tab and enter passcode



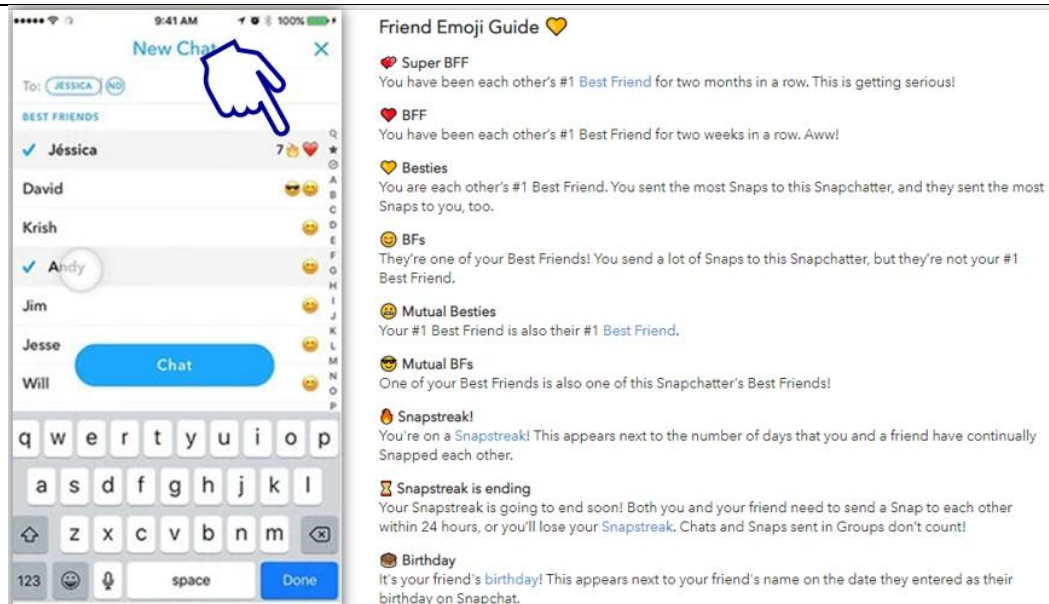
UPDATE LOCATION SHARING (PUT PROFILE INTO GHOST MODE)

1. From Camera Mode go to Profile
2. Navigate to settings
3. Tap on "See My Location"
Select "Ghost Mode"



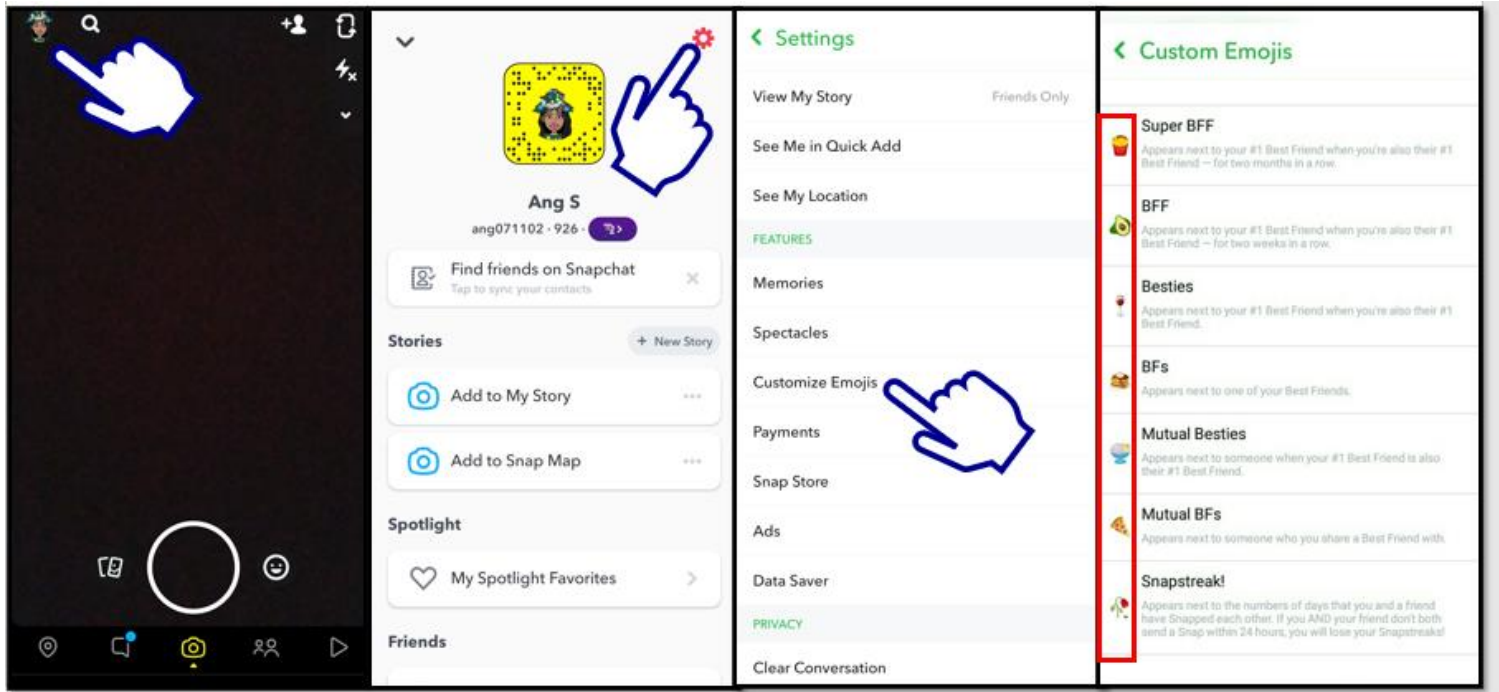
Friend Emoji Guide

1. Enter Chat
2. Notice the emojis to the right of the names
You can match the relationship of the names by looking at the Friend Emoji Guide



Custom Emoji

1. Click on Profile on top left of home screen
2. Tap on Setting gear icon on upper right
Go to Customize Emojis



INSTAGRAM



Homepage Navigation

1. The House icon on the far left takes you to the Home page to see news and feeds from friends, people and businesses the person follows.
 2. The 2nd icon is the Search function.
 3. The 3rd icon is Reels. This shows 15-30 second multi-clip videos and or photos set with audio and other effects.
 4. The 4th icon is the Shop feature for businesses selling products online.
 5. The last icon the the right is the Profile button.
- The Heart icon on upper right is the activity button.

Homepage

Home Button

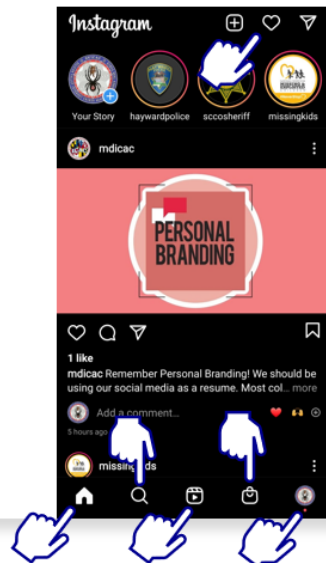
Search

Reels

Shop

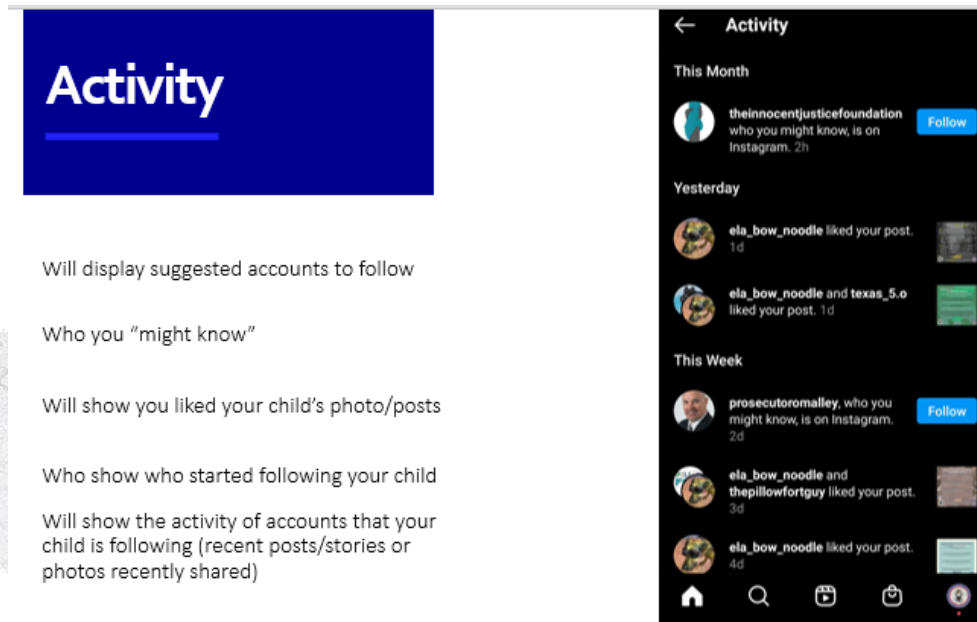
Profile

Activity



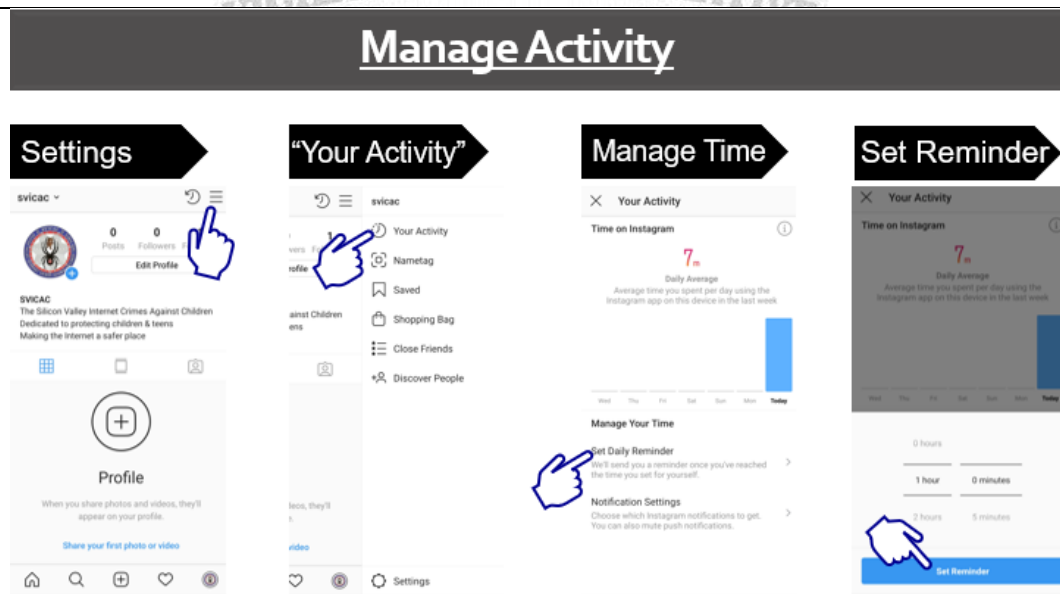
CHECK ACTIVITIES

1. The Heart icon on upper right will take you to the list of activities of your friends, people you follow and actions.



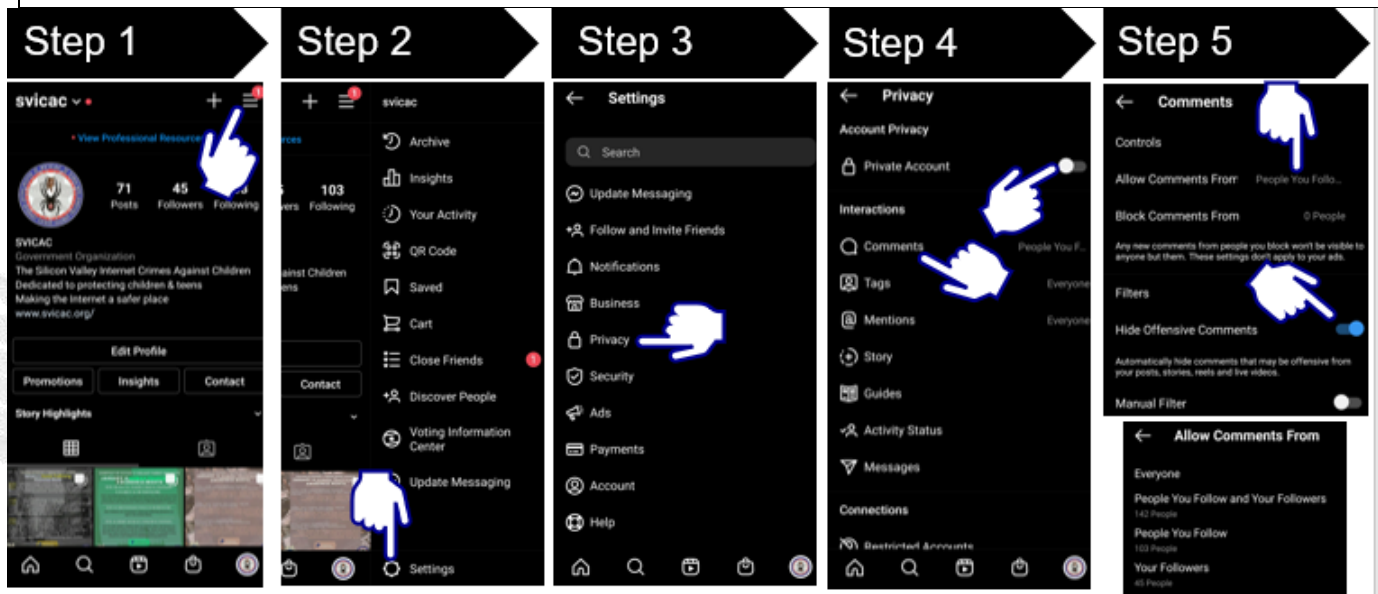
MANAGE ACTIVITIES

1. From the Profile page, tap the 3 lines on the topright
2. Tap "Your Activity" and check the average timespent on Instagram
3. Tap "Set Daily Reminder" to manager usage time.
Set the time to limit screen activity. Tap "Set Reminder" when done



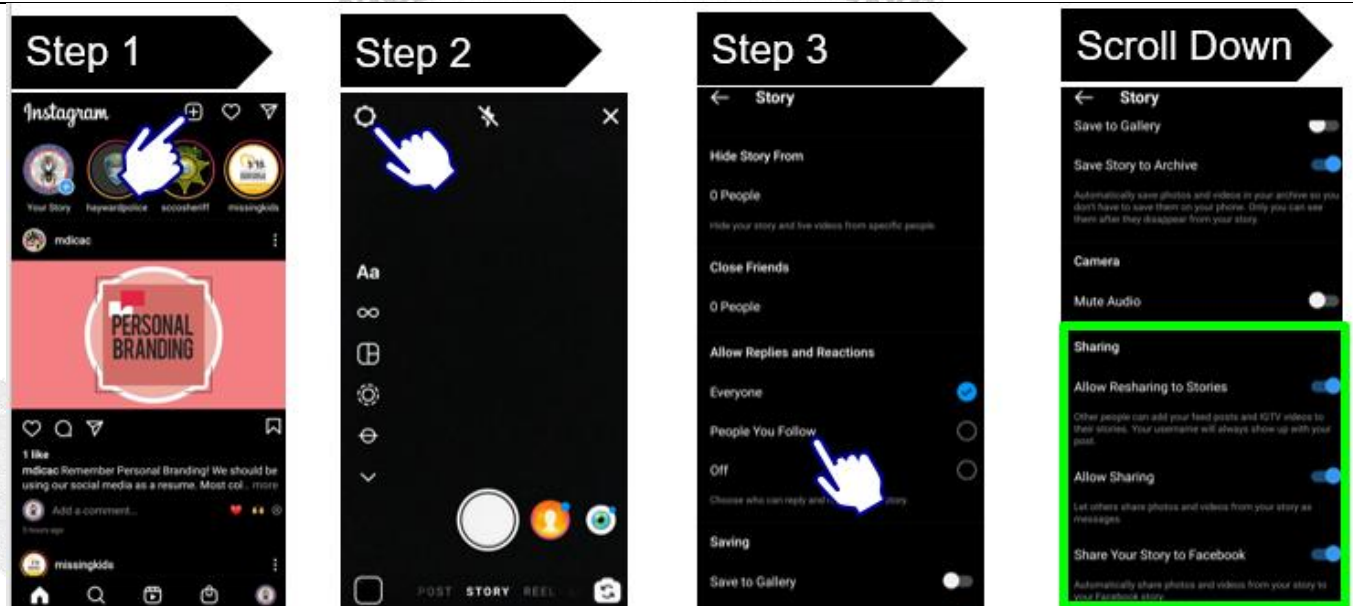
SET ACCOUNT TO PRIVATE

1. From the Profile screen, tap the 3 lines on the topright
2. Tap “Settings”
3. Tap “Privacy”
4. Turn on switch for “Private Account”
5. Tap “Comments” to control who you allow comments to come from to be seen by your child.
You can also switch on “Hide offensive Comments”.



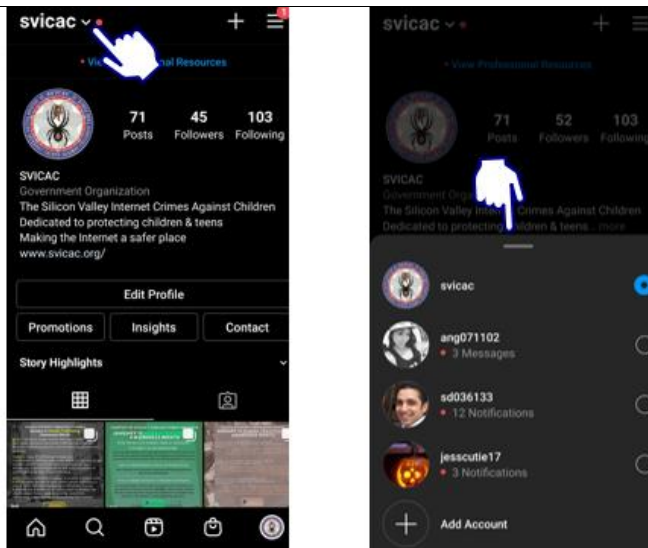
LIMIT SHARING

1. Tap the Plus icon on the upper right
2. Tap the Setting Icon on the upper left corner
3. Scroll to the “Allow Replies and Reactions” section. Select “People You Follow” instead of “Everyone”. In the “Sharing” section, control if you want to “Allow Resharing to Stories”, “Allow Sharing” or “Share Your Story to Facebook”.



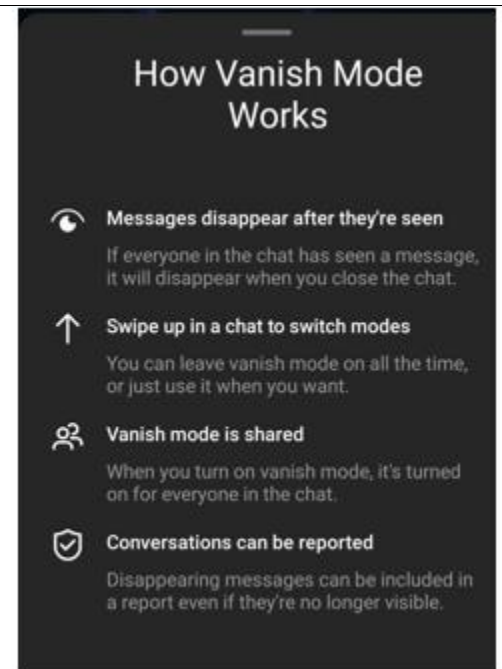
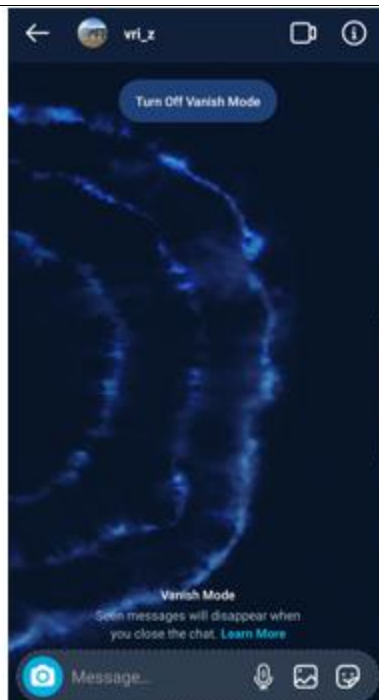
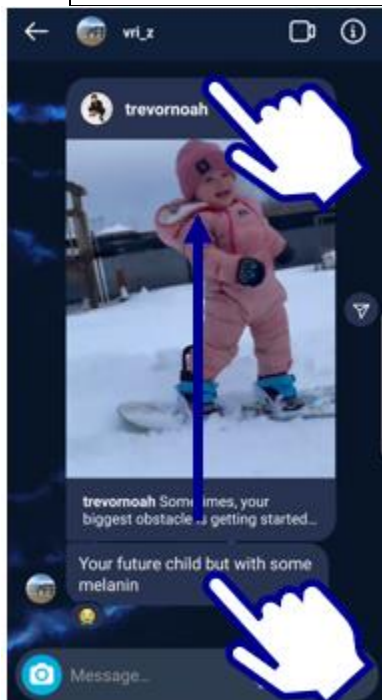
Finding The "Finsta" Account

1. From the Profile page, tap on the down arrow in the upper left.
Here you may see accounts your child may have.

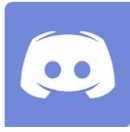


Vanishing Mode

1. From the bottom of the chat and Swipe Up.
To resume to previous Chat, Swipe Down.



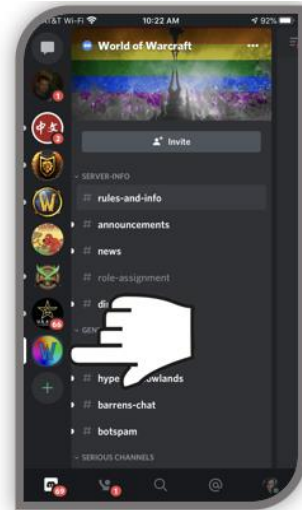
DISCORD



Finding Communities in Discord: Servers

Discord does not have in-app way to search for servers. You can see list of servers the person has joined on the home screen.

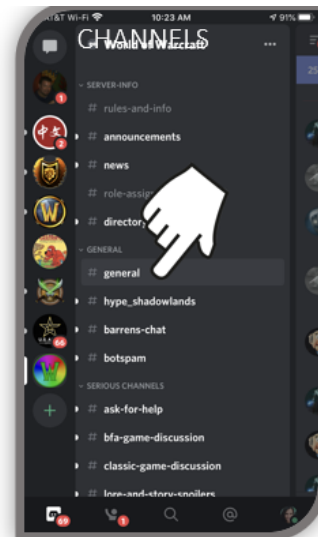
- Servers appear as a row of icons on the left of the screen.
- To switch from one server to another, simply click the icon.
- Once selected, the server will display channels to choose from.



Finding Communities in Discord: Channels

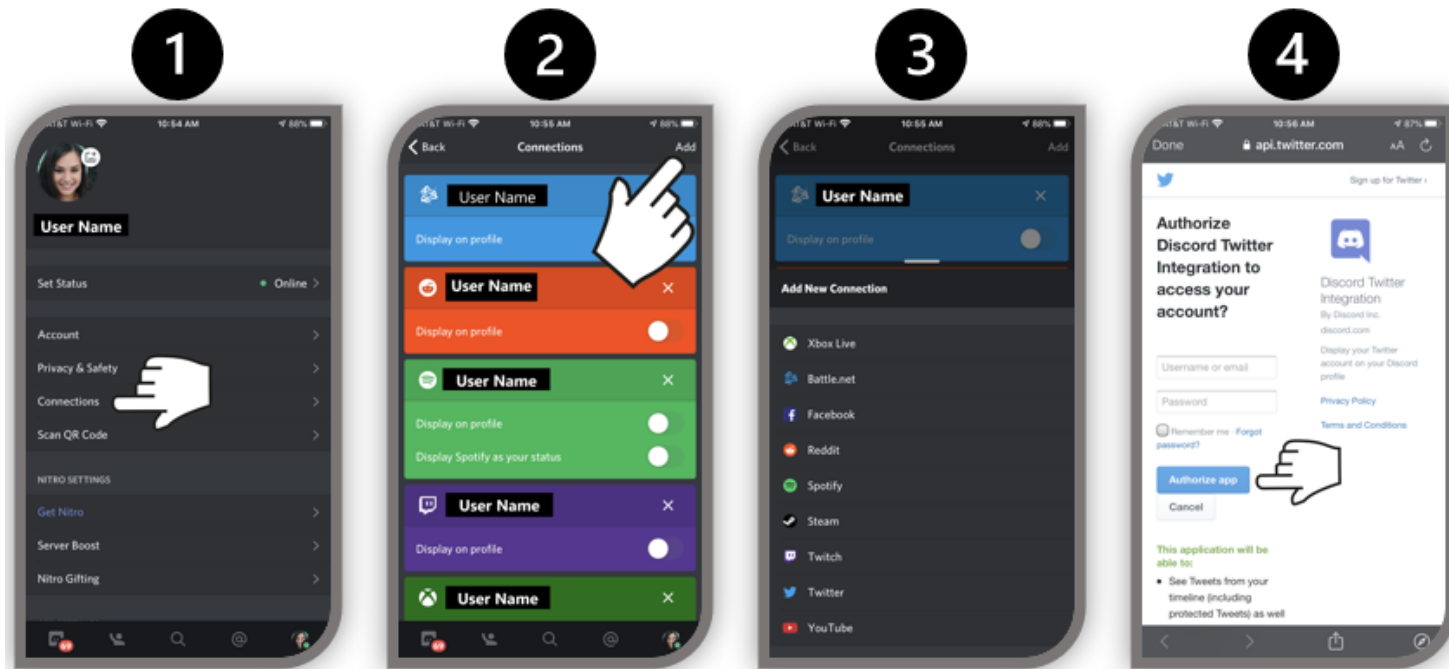
After entering a server, you can click on specific “Channels” to enter specific chat topics.

- Channels focus on specific topics.
- Click on the channel to join that chat.



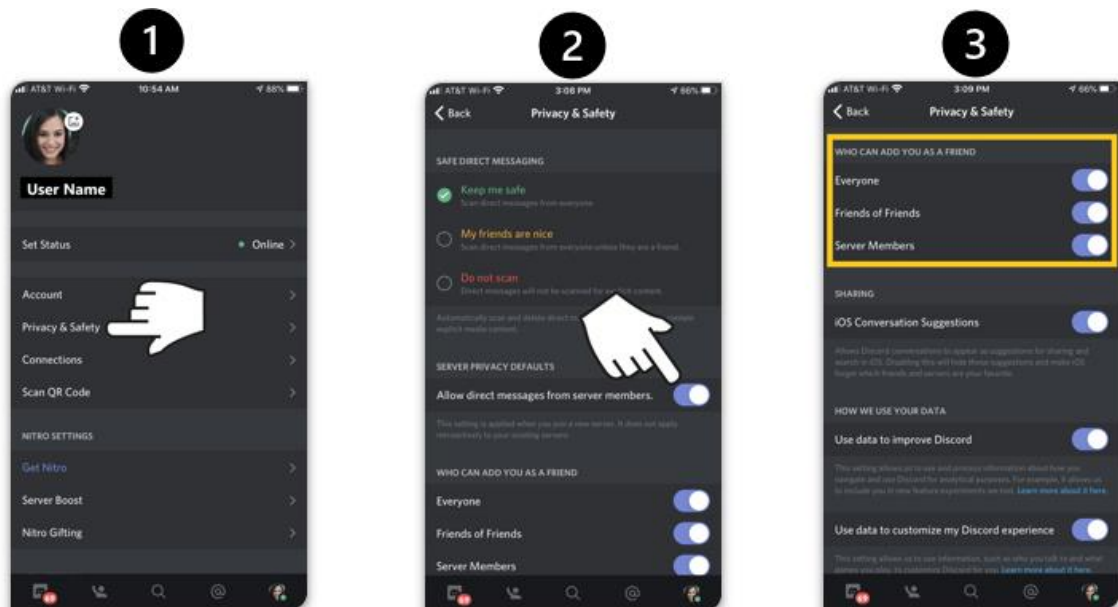
Connect Other Apps to find Discord Servers and Channels

1. From Profile page, click on “Connection”.
Click “Add” on upper right corner. Here you can add outside apps to connect to your Discord account.



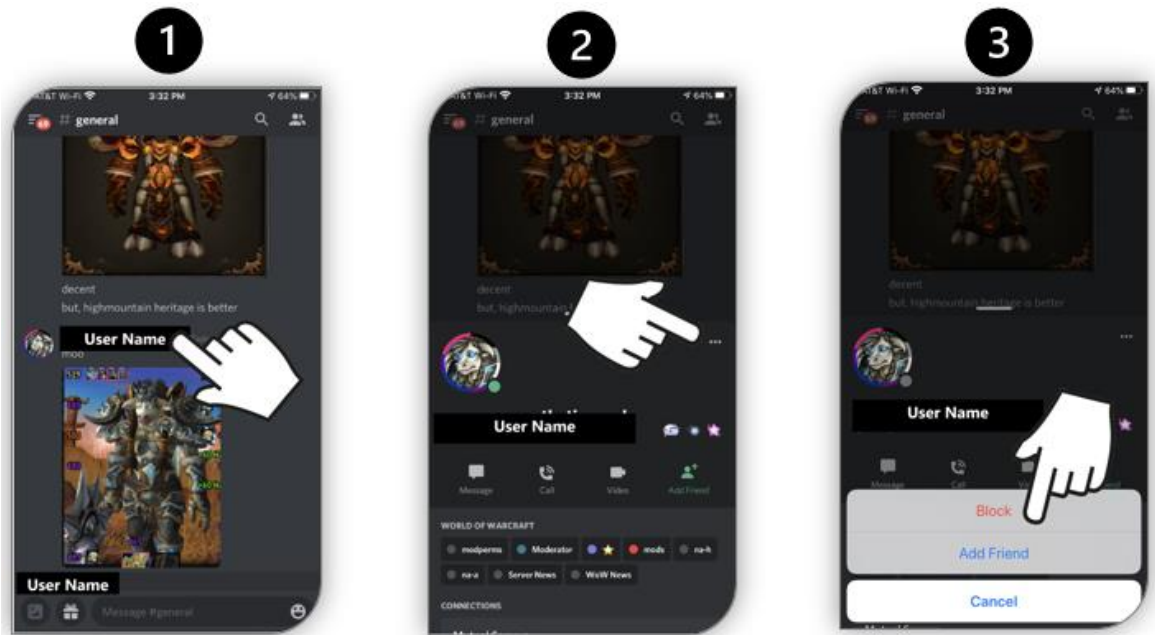
Change Privacy/Security Settings

1. From Profile page, click on “Privacy & Safety”.
2. You can switch OFF “Allow direct messages from server members”.
Go to “WHO CAN ADD YOU AS A FRIEND”, switch OFF “Everyone” and other groups to increase privacy.



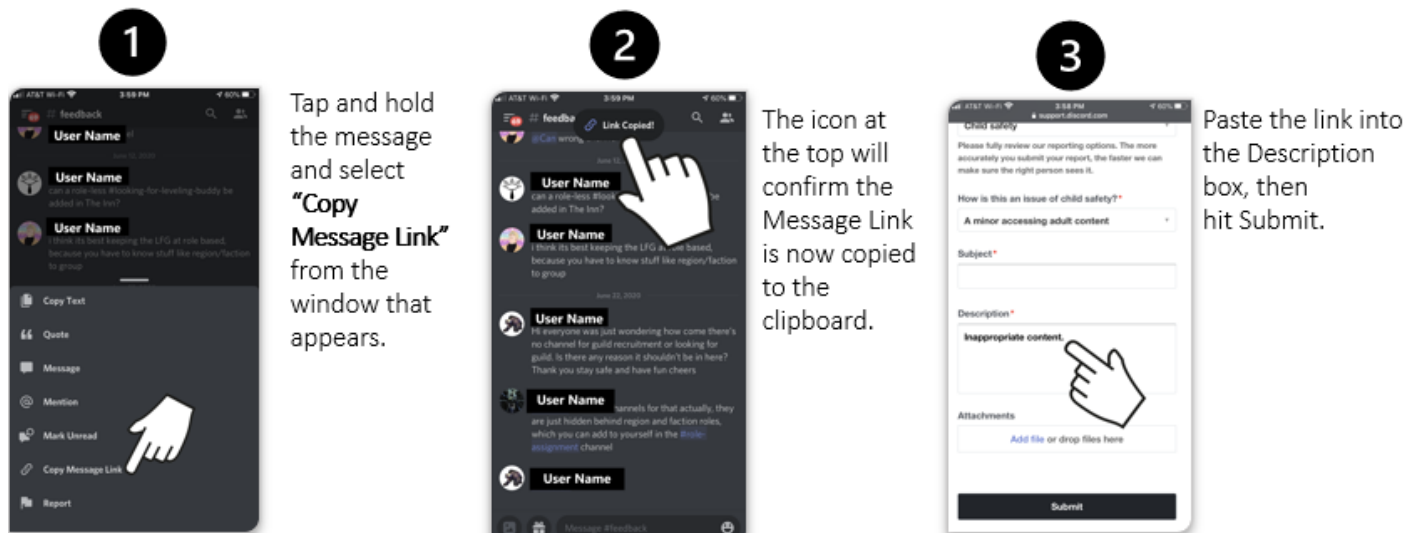
Block Users

1. Click on a person's username in a Channel.
2. Click on the 3-Dots (...) on the side.
From the popup, you can use to "Block" this user.

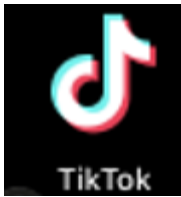


Report Users

1. Tap and hold the message and select "Copy Message Link".
2. An icon at the top displaying "Link Copied!" confirming the link is copied to the clipboard.
Paste the link in the Description Box for reporting user at <https://dis.gd/report>.



TikTok

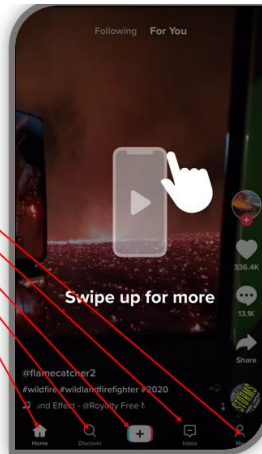


Let's Navigate!

The Homepage has 5 icons at the bottom navigation bar: Profile, Inbox, Post Videos, Search and Home.

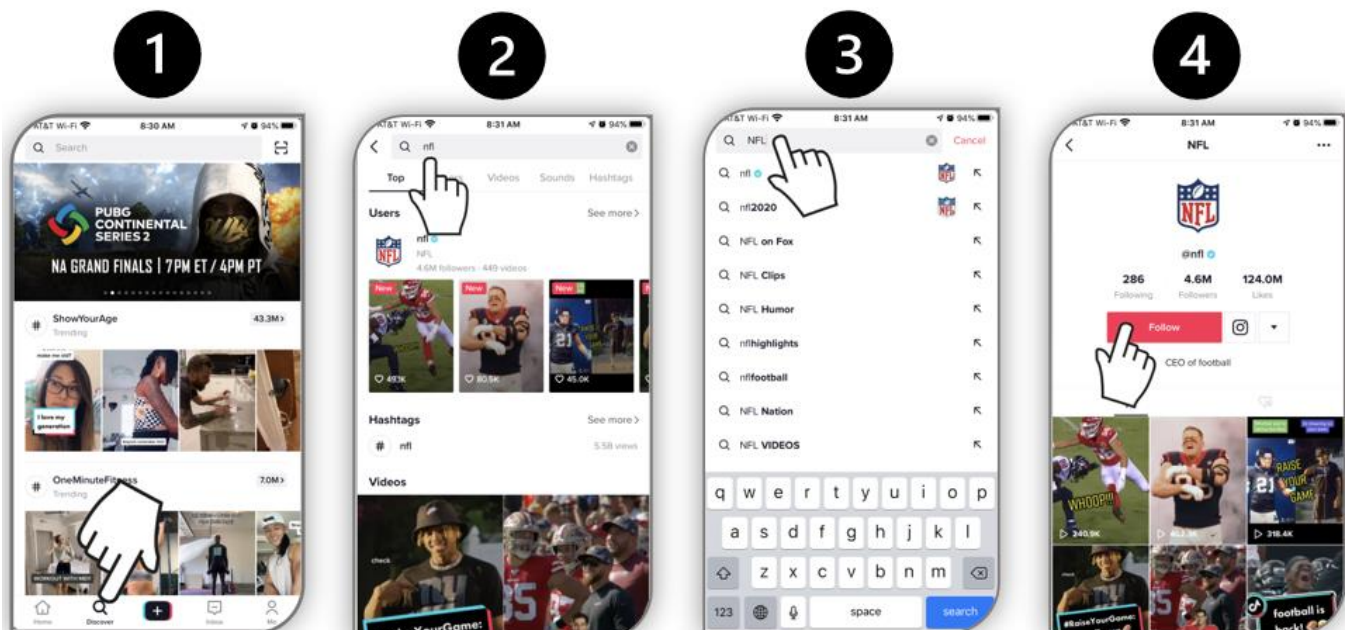
Homepage

Profile Button
Inbox
Post Videos
Search
Home Button



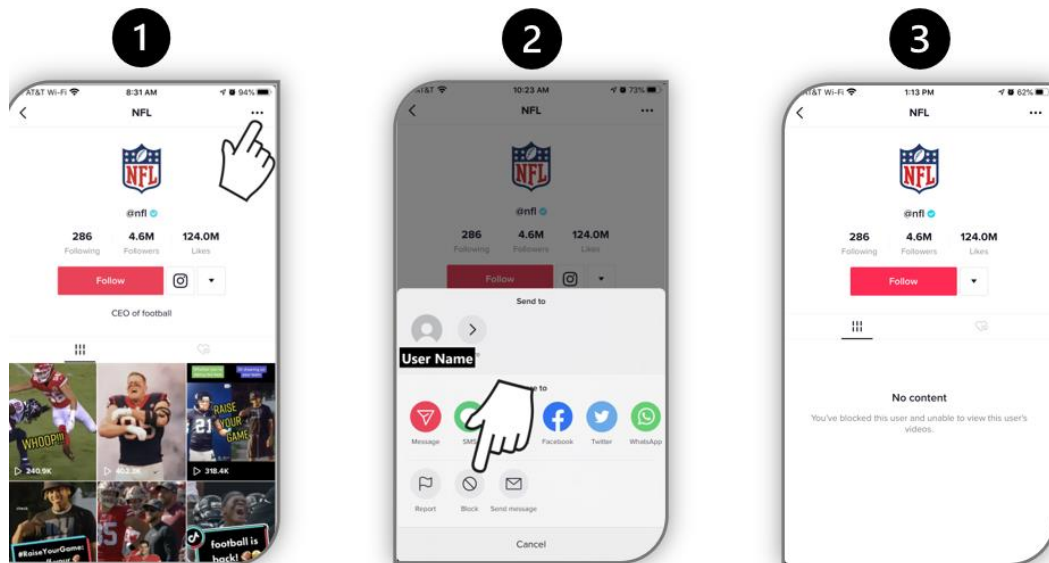
Finding and Following Users

1. Click on "Search" at the bottom bar.
 2. Type in names to search.
- Once you found the person or group you want to follow, click the "Follow" button.



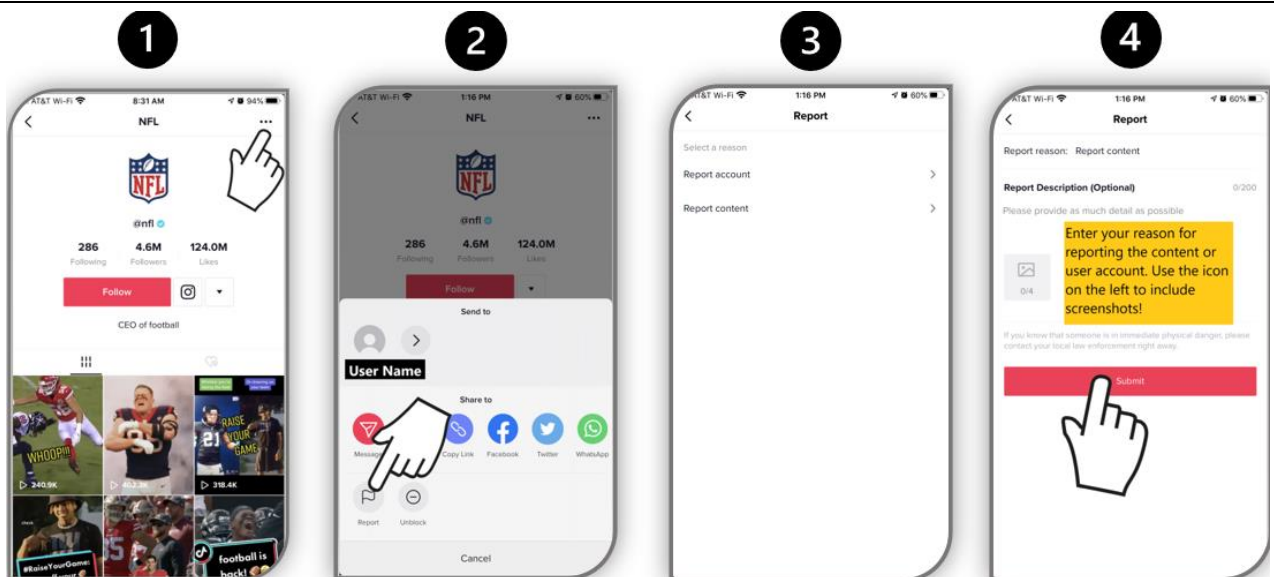
Block Users

1. Go the Profile page of the person/group you want to block.
2. Click on the 3-Dot on the upper right corner.
Tap “Block” to block the user/group.



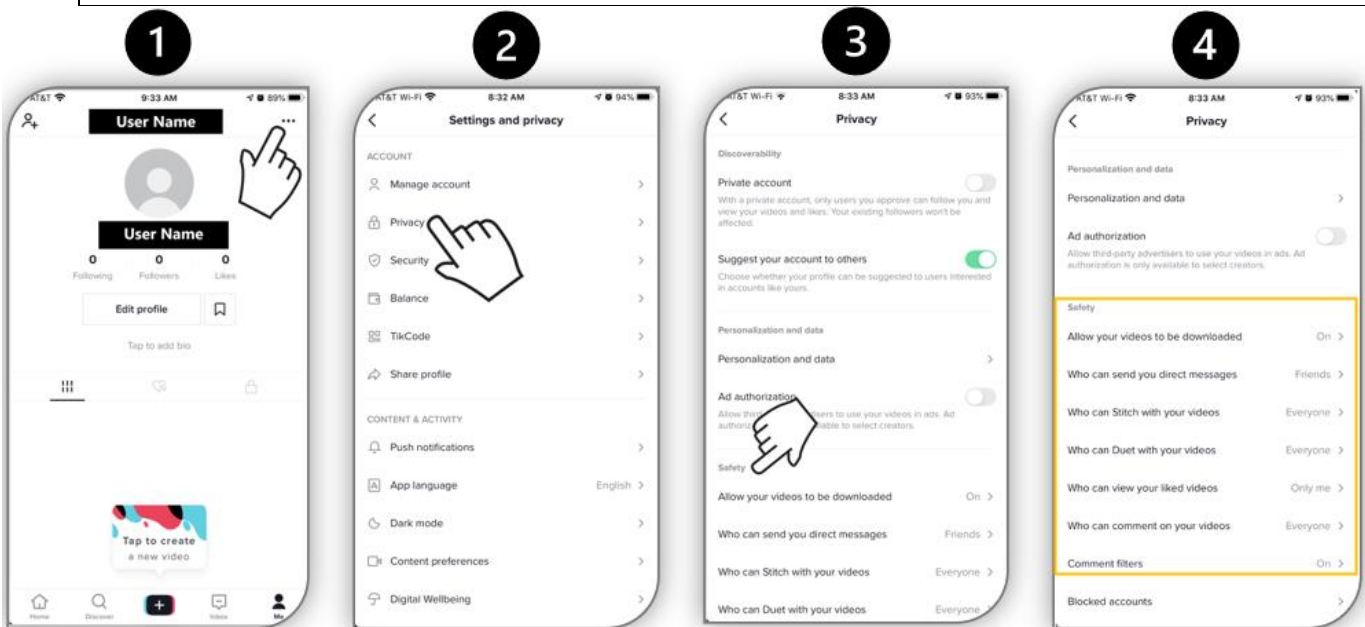
Report Users

1. Go the Profile page of the person/group you want to report.
2. Click on the 3-Dot on the upper right corner.
3. Tap on the flag to “Report” to block the user/group.
Describe the reason why you are reporting (e.g. content). You include screenshots here. Click “Submit”.



Change Privacy/Security Settings

1. Go your child's Profile page.
 2. Click on the 3-Dot on the upper right corner.
 3. Tap "Privacy".
 4. Tap "Safety"
- Limit what other can do to your child's videos/postings:
- a) Limit videos to be downloaded.
 - b) Limit who can send direct messages to your child.
 - c) Limit who can Stitch with your child's video.
 - d) Limit who can Duet with your child's video.
 - e) Limit who can "like" or "view" your child's video.
 - f) Limit who can comment on the videos.
 - g) Turn ON "Comment filters".



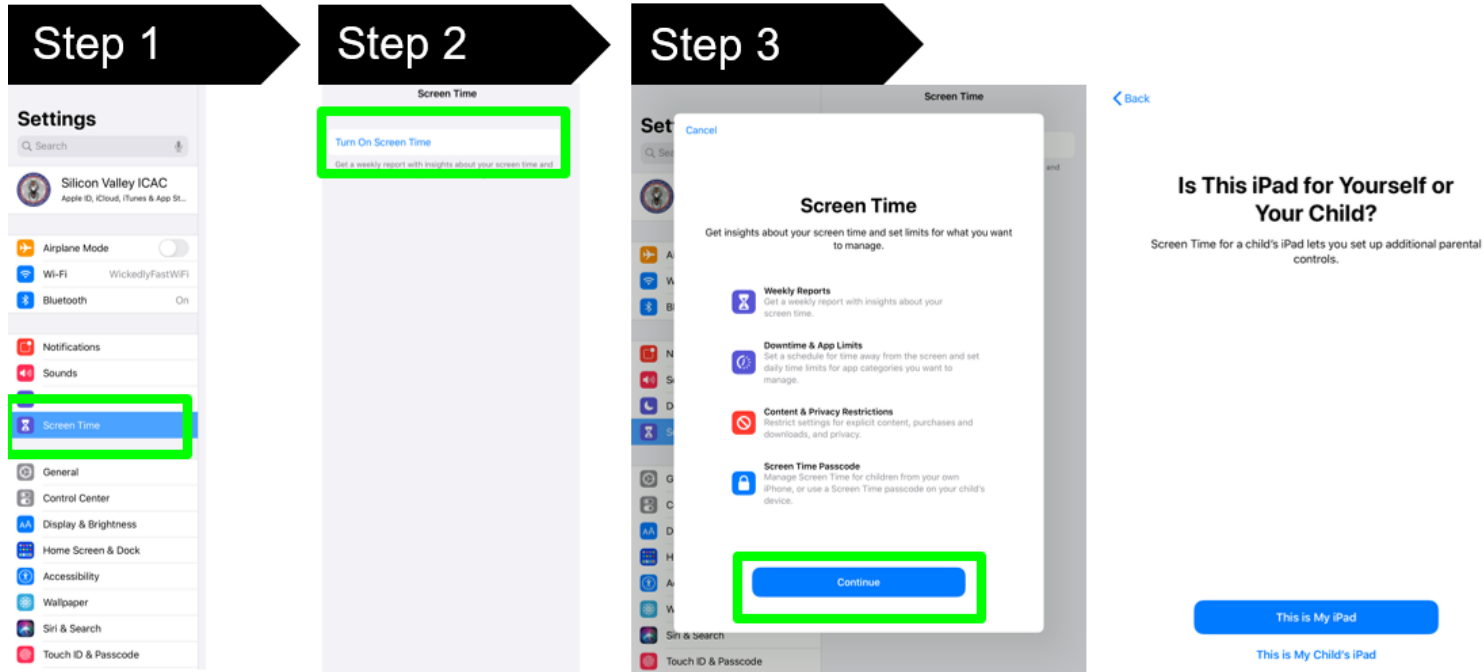
HOW TO SET PARENTAL CONTROLS (Apple)

ENABLE RESTRICTIONS

Tap the Settings Button

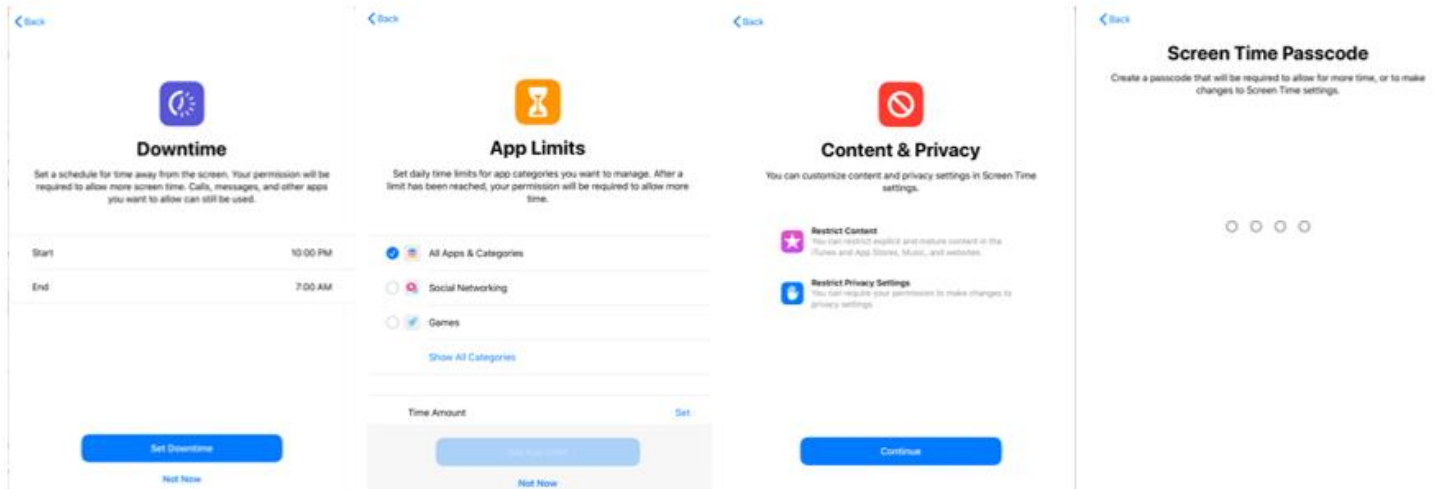
1. Tap “Screen Time”
2. Then “Turn On Screen Time”
3. Tap “Continue”

Choose whether or not the device is for your child.



Child's iPad

1. Set "Downtime" for your child's device on when to turn off.
2. Set which apps your child can download and enable password to grant permission in "App Limits". Limit the content type and exclude explicit content you child can have access to. Set passcode only known to parents.



Parents' iPad

1. From "Settings", go to "Screen Time".
2. Tap "Use Screen Time Passcode" to enter unique passcode to limit child's usage.
Tap "Content & Privacy Restrictions" to control types of content your child can access to.



"This is My Device"

Tap "Use Screen Time Passcode" to create a passcode



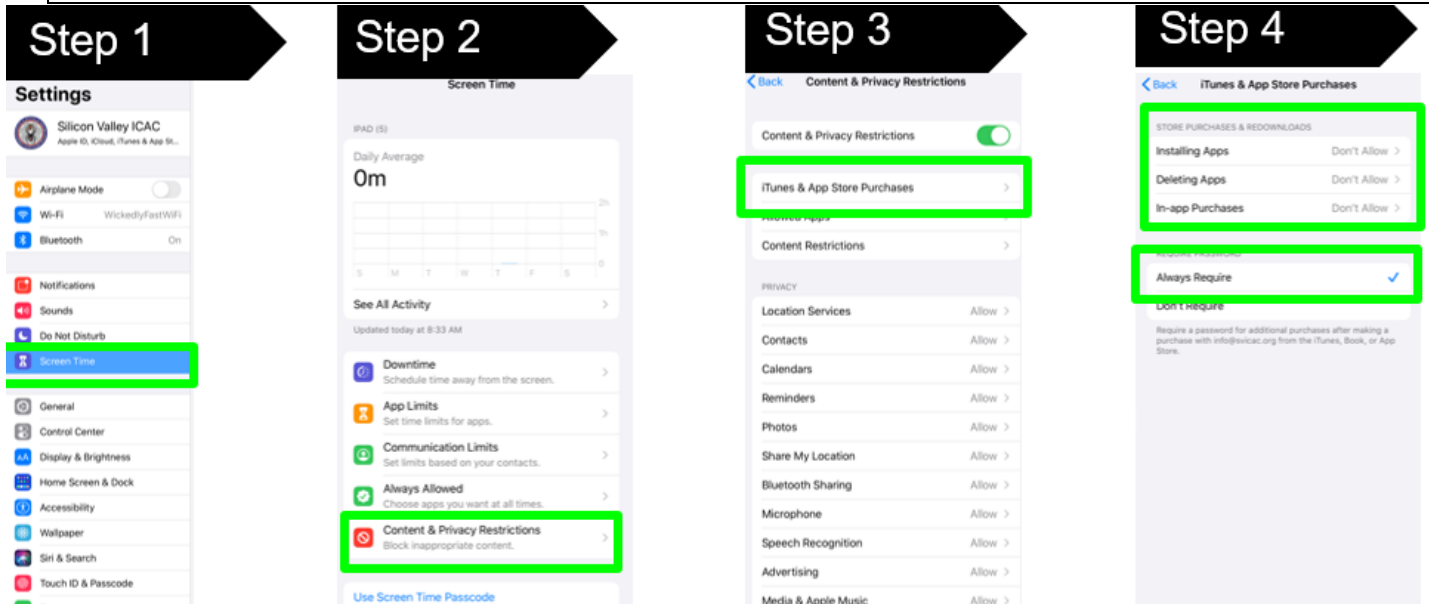
Tap "Content & Privacy Restrictions" to turn on Content & Privacy



Choose a passcode that's different from the passcode you use to unlock your device

Control App Purchases (Apple)

1. From “Settings”, go to “Screen Time”.
2. Tap “Content & Privacy Restrictions”.
3. Tap “iTunes & App Store Purchases”.
4. Control if you allow you childl to:
 - a) Installing Apps
 - b) Deleting Apps
 - c) **In-App Purchases** - Set passcode by tapping “Always Require”.

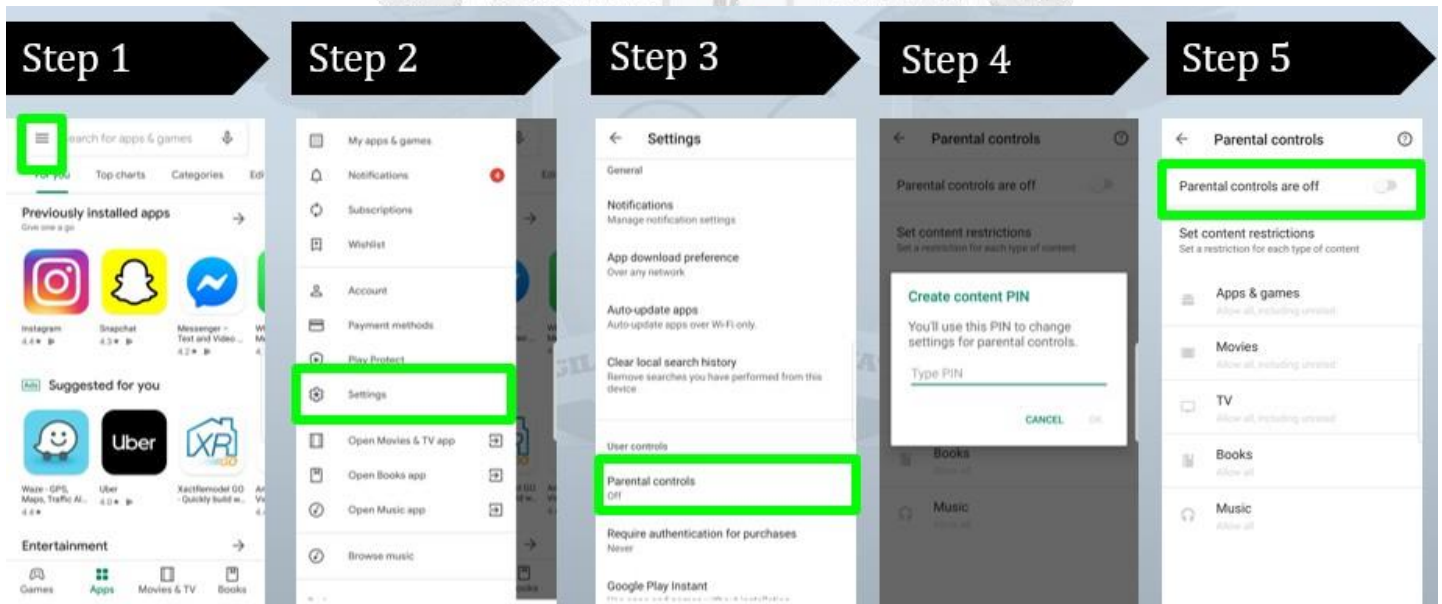
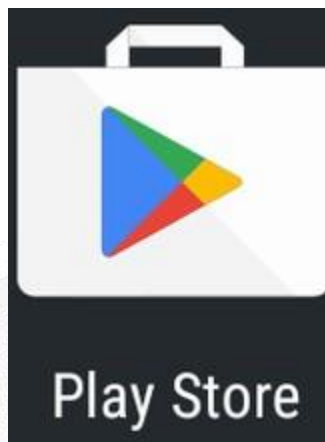


HOW TO SET PARENTAL CONTROLS (Android)

TURN PARENTAL CONTROLS ON

Tap the Play Store App

1. Tap the 3 lines in the upper left corner
2. Tap “Settings”
3. Scroll down and tap “Parental Controls”
4. Create your PIN (Be sure to remember it)
Turn “Parental Controls On”



CONTROL APP PURCHASES (ANDROID)

1. Return to Settings
2. Scroll down and tap “Require Authentication for Purchases”
3. Select “For All Purchases through Google Play on this Device”



PARENTAL CONTROL APPS

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Should you have any questions or concerns please contact COICAC at Coloicac@gmail.com or through the contact us tab on www.coloradoicac.com.

1. Life 360

<https://www.life360.com/>

2. Circle

<https://meetcircle.com/>

3. Webwatcher

<https://www.webwatcher.com/>

4. Dinner Time App

<http://www.dinnertimeapp.com/>

5. Our Pact

<https://ourpact.com/>

